AVOID INJURY to Support your NHS this Winter

- Hot food + drinks
- Ice Skating Accidents
- Skids/Slips on Ice
- Freezer Defrosting Injuries
- Frost Burn Injuries
- Snowball Injuries
- Candle Flame Burns
- Radiator Burns
- Hot water Bottle Scalds
- Cooking Injuries
- Sledging Accidents
- Drink Responsibly
- Test your Fire Alarm
- Talk to Someone

As the weather outside is frightful and the fire isn’t so delightful. Since we’ve got no place to go

STAY SAFE to be a Hero