

AVOID INJURY

to Support your NHS this Winter



Hot food + drinks



Ice Skating Accidents



Skids/ Slips on Ice



Freezer Defrosting Injuries



Frost Burn Injuries



Snowball Injuries



Candle Flame Burns



Radiator Burns



Hot water Bottle Scalds



Cooking Injuries



Sledging Accidents



Drink Responsibly



Test your Fire Alarm



Talk to Someone

As the weather outside is frightful
and the fire isn't so delightful.
Since we've got no place to go

STAY SAFE to be a Hero