MESSAGE FROM THE CHAIR

Dear Colleagues and Friends,

I am honoured to assume Chair of the British Burn Association. For over fifty-four years our association has promoted burn education and burn prevention awareness, and during this time, and with our support, national guidance and better safety awareness, has brought about a substantial reduction in Burn injury. We are a truly multidisciplinary society, reflecting the excellent contributions in burn care from all members of the team.

We still have a lot of opportunities to bring about change. And we do so through special interest groups and engagement. For our association to succeed, it is important that we each engage as much as possible to join our organisation, contribute to the debate and guide direction of burn care through their membership.

We recognise the need to have patient centred care and better patient outcome measures. We need you, as members to guide best practice. To identify what the real needs on the ground are: not just the issues affecting patients, but also the membership.

We need to ensure the sustainability of our services, by ensuring that we raise the outcome bar: as passionate advocates for our patients.

I would like to thank all of the Board of Trustees who contribute greatly to our association, as well as all those who chair special interest groups, and contribute in different ways. I particularly thank Nechama Lewis whose dedication ensures the smooth and efficient running of the organisation. I would also like to thank Yvonne Wilson for her excellent stewardship as Chair during the recent time of challenge and uncertainty. I also thank Pete Saggers and Peter Drew who are involved along with many others, in updating the Burn Care standards, which we plan to publish in 2023.

This past year was marked by the sad loss of three clinicians who made outstanding contribution to Burn care, Amber Young, Bruce Philp and David Wilson. May their innovation, kindness, care and inspiration of others, be their enduring legacy.

As we move forward, I hope that we extend our educational role through education and mentorship to those working in low resource countries. I am delighted that we partnered with the reconstructive surgery charities Resurge-Africa and BFIRST to deliver an excellent webinar series reflecting the challenges of burn care, with multidisciplinary contribution to problem solving. I have no doubt that extending our educational role through online presence and platforms, will help advance burn care both nationally and internationally.

I hope to see as many of you as possible in Dublin for the BBA meeting in June 2023. In advance of the meeting, we plan discussions on topics which are relevant to our daily practice - resuscitation threshold, TENS, frailty, wound care, enzymatic debridement, scar therapy and supporting low resource settings. We hope to have a meeting to sign off consensus on the Tuesday 20th June, a day before the BBA annual meeting proper, to better allow for considered discussion.

I hope that you bring your energy, enthusiasm and opinion to contribute to these areas of discussion.

We are a diverse and inclusive association - with your voice, we will progress together.

Odhran Shelley, BBA Chair
Annual Meeting 2023
Dublin: Reconstruction, Regeneration & Rehabilitation
21st - 23rd June 2023
Consensus Meeting - 20th June 2023

Venue: Royal College of Surgeons, Dublin

Virtual attendance is available to overseas delegates only, with a discounted rate available for low income countries. The full list of countries can be found via the website bbaconference.org

Dinner Venue: Trinity College, Dublin

Registration fees to follow
Early Bird Deadline - 10th April

For information on registration and abstract submission please visit bbaconference.org

CALL FOR ABSTRACTS
Deadline: 9am
Monday 30th January 2023

The British Burn Association is committed to providing an environmentally friendly conference.

The British Burn Association is operating as a Charitable Incorporated Organisation Registered Charity No. 1187704
Welcome to Dublin

On behalf of the National Burn Service in Ireland, and as Chair of the British Burn Association I would like to welcome everyone to the British Burn Association meeting which will be held in Dublin on the 21-23 June 2023.

The theme for the meeting is Reconstruction, Regeneration and Rehabilitation, which will showcase new technologies and techniques and how they integrate with existing standards of care, while emphasising the need to promote patient centred care focused on reintegration and ensuring the optimal outcome for each individual.

We hope to have exciting presentations from national and international speakers, and of course you the membership, who know the real-life challenges and opportunities in burn care. We want to hear your voice.

On Tuesday the 20th, immediately before the meeting, we hope to have a consensus day to discuss Fluid resuscitation threshold, enzymatic debridement, scar management, wound care, TENS, Care of the frail patient and development of services in low resource settings.

Dublin is a fantastic and vibrant city, with great restaurants, free museums, entertaining pubs and lots of parks. Dublin holds one of the oldest books in the world – the Book of Kells, as well as other ancient prehistoric artefacts and a migrant museum to help trace your Irish family roots. The Dublin mountains are close by, as well as the sea. There are several beaches and marinas in the city, ideal for sailing and windsurfing, and sea swimming. There are also urban areas with zip line driven water-skiing, canoeing etc.

The meeting will be held in the Royal College of Surgeons in Ireland, in St. Stephens Green, in the heart of the city. The Gala Dinner will be in the historic Trinity College Dublin.

It is important for us to meet again in person to share ideas and innovations. It is also important that all services are represented in Dublin as we hope to derive consensus on important areas of burn care and we also present the latest Burn care standards.

We hope that you all consider submitting abstracts for presentation and that you will register early.

Ireland is a land of a hundred thousand welcomes.

We look forward to welcoming you to what we hope will be an inclusive, exciting and innovative British Burn Association meeting in Dublin, June 2023.

Odhran Shelley on behalf of the Dublin Local Organising Committee
BBA Grants

Four different grants are available to BBA Members. These are:-

- **The BBA Travel Grant**
- **The Margaret Miller Travel Grant (for Nurses)**
- **The BBA Research Grant**
- **A Grant for Research into Methods of Preventing Burn Injuries in the Home**

The terms of the grants are that applicants need to have been a BBA Member for at least 12 months to be eligible to apply. The Travel and Research Grants will not normally exceed £1,000, The Margaret Miller Grant is capped at £1,500 and an open sum will be considered for the Grant for Research into Methods of Preventing Burn Injuries in the Home. Further details and application forms for each grant can be found within the ‘Education’ section of the website, under ‘Prizes and Grants’.

Annual Conference Bristol 2022: Prizes and Statistics

The BBA had the pleasure of awarding five prizes this year in Bristol. The Oral Presentation First Prize was generously supported by Scars, Burns and Healing Journal and awarded to Nicholas Cereceda-Monteoliva, Queen Victoria Hospital, East Grinstead for a presentation entitled “Early results and initial experience of reconstructing defects with NovoSorb® Biodegradable Temporising Matrix a UK case series”. The Oral Presentation Second Prize was awarded to Ahmed Abouzaid, Abouqir General Hospital, Egypt for the presentation of a paper entitled “Effect of autologous fat transfer in acute burn wound management: A randomised controlled study”.

The posters were once again divided into three categories. The best Burn Care Poster Prize was awarded to Laura Cappuyns, St Helens and Knowsleys Hospitals NHS Trust, Liverpool for a poster entitled “Developing a Burn Specific Peri-operative Checklist: Version Zero, a Starting Point”. The runner-up was Justine Sullivan, Broomfield Hospital, Chelmsford for a poster entitled “Avoidance of iatrogenic burn injury associated with high-alcohol chlorhexidine solutions in patients with staphylococcal scalded skin syndrome (SSSS)”. The best Prevention Poster Prize was awarded to Nicole Lee, Chelsea & Westminster Hospital, London for a poster entitled “Delivering a first aid safety message to a TikTok challenge in the UK”. The runner-up was Kwang Chear Lee, Birmingham Children’s Hospital for a poster entitled “Honeycomb burns: the good and bad of social media”. The best Research Poster Prize was awarded to Laura Cappuyns, St Helens and Knowsleys Hospitals NHS Trust, Liverpool for a poster entitled “Photodynamic antimicrobial therapy coupled with the use of the photosensitisers methylene blue and temoporfin as a potential novel treatment for Staphylococcus aureus in burn infections”. The runner-up was Phillipa Tollow, University of West England, Bristol for a poster entitled “Exploring parents’ attitudes towards taking part in paediatric burns research: development of a multi-centre cohort study of children with burns injuries”.

![BBA Bristol 2022 Attendance Chart](chart_url)
Education Committee

The Education Committee have been busy once again in 2022 as our educational activities return to normal after the pandemic. Most excitingly, the Annual Meeting returned to its traditional face-to-face format and as usual the Committee was heavily involved in the meeting, helping to judge papers, posters and chairing sessions during a very successful conference. The Laing Essay was again keenly contested and the Committee was pleased by the very high quality of entries submitted.

The Committee has continued to meet online (the next meeting via Zoom is on the 12th of December) to discuss plans for our Education Platform. Following a tender process, a successful bidder has been chosen and the platform is currently being constructed.

The Committee now consists of:
Andy Williams (Chair)
Marcela Vizcaychipi
Mariam Rela
Sophia Opel
Mary Kennedy
Stephen Benbow
Vicky Dudman
Benjamin Wood
Rachel Mumford

The Committee looks forward to a busy 2023 with the Annual Meeting in Dublin, online and face-to-face teaching opportunities, and the chance to release an early version of our online education platform to the membership.

Andy Williams, Education Committee Chair

Laing Essay Prize

Laing Essay Prize 2022: ‘Managing Burn Injury in a Pandemic – Challenges, Developments and Lessons Learned’.
Congratulations to the winner Mr Fezan Mughal, Final Year Medical Student, University of Dundee and to the Runner-Up, Mr Matthew Stone, ST3 Plastic Surgery, Mid Yorkshire Hospitals.

Laing Essay Prize 2023 opening soon to all involved in Burn Care: The Essay title is TO BE CONFIRMED and should be of a maximum 5,000 words and in the style used by Burns Journal. Your Essay should use sub headings, contain an introduction, main body, discussion and conclusion as a minimum. The essay should be well referenced using the Vancouver referencing style. An abstract of up to 150 words should also be provided with your Essay and a list of up to 6 keywords. Three referees, appointed by the BBA, will judge and award the winner £500. The prize-winning Essay may be eligible for publication in Burns at the discretion of the Editor. Closing date for applications: 5pm on 3rd April 2023. The winner will be announced at the BBA Annual Conference, June 2023.

Further information will be available shortly at: https://www.britishburnassociation.org/laing-essay-prize/. Enquiries to: info@britishburnassociation.org
Emergency Management of Severe Burns (EMSB)

The last year has been a busy one for the EMSB team. We have returned to face to face courses and are trying to address the backlog. As with many areas of healthcare, the pandemic has worn us all out and many staff are finding it difficult to give the time to the courses but others are doing a fantastic job to keep the faculties going.

We are using the new course materials developed by the ANZBA team and the new manual is due out in January 2023. The arrival of virtual meetings has really had an impact and the international Senate has met a number of times with representatives from all around the world. ANZBA and Indonesia on one time zone, South Africa and UK remarkably time aligned and a well-represented European group including Holland, Finland and Germany (who are just starting with our EMSB package). We are still actively debating things like the starting percentage for fluid resus and the need for finger escharotomy and I am sure this will continue to have some variation around the world but we are all striving for the best standards of care.

Following much discussion over the last few years, we have changed the rules to join the EMSB faculty and also realigned our Instructors pathway. This means that we are able to welcome a number of our established burns professionals to the EMSB team. We are accepting the GIC (Instructors course for ATLS etc) and an observed EMSB instead of the EMSB instructors course, although 2 courses as an associate instructor will still be needed. We have also removed the need for a high score in the MCQ.

So, if you work in burns care and passed the EMSB in the past but were not recommended for faculty, now is the time to consider if you would like to volunteer.

EMSB is back on track and ready for the future of burns care.

Thank you to all the EMSB teams.

Tania Cubison, EMSB National Organiser & Senate Chair

Research Committee

As I am sure you now know, the UK burns community has lost one of the most passionate researchers recently. Professor Amber Young was the Lead for The Scar Free Foundation Centre for Paediatric Burn Research and until her passing, was leading the James Lind Alliance global research Priority setting exercise. Amber was an ardent supporter of paediatric research and had a fervent interest in developing core outcome sets for comparing research trials. She will be sorely missed by all those who worked with her.

We are currently updating the Terms of reference for the SIG and Committee. The BBA continues to be an NIHR partner and the Research SIG can pride peer review for grant awards.

We are planning to hold a virtual meeting in January 2023 where we will discuss further development of a facial burn project led by Julia Sarginson and Chris Wearn, and a new project from the Jenkins group at the University of Bath. A doodle poll will be circulated to interested parties in December.

Simon Booth, Research Committee and SIG Chair
Prevention Committee

As the incoming Chair of the BBA Prevention Committee, I would like to thank Nadeem Khwaja, the outgoing Chair for his hard work over the last year.

The National Burn Awareness Day took place on Wednesday 12th October and the BBA and you, the members, supported the Children’s Burns Trust (CBT) in the many activities and interactions which took place. The theme was kitchen safety and activities included the launch of “Charlie’s Story” which attracted good engagement and helped to emphasize the theme. The CBT Instagram channel included live sessions between Krissie Stiles and Michelle and Charlie Whalley (Mum and Burn Survivor – CBT Ambassador). The full report is available on the BBA website at https://www.britishburnassociation.org/wp-content/uploads/2017/11/NBAD-2022-Final-Report.pdf.

The Prevention Committee worked alongside the Child Accident Prevention Trust on a campaign to raise awareness of burns safety over Diwali. Nicole Lee produced a TikTok video, with the help of the Chelsea & Westminster team, highlighting the importance of firework regulations, ideas for candle-safety and burns first aid.

The Prevention Committee is in the process of exploring safety advice on hair straighteners together with Balj Dheansa and the QVH team at East Grinstead.

Finally, Nicole Lee’s TikTok video on the incidence of leg burns when inhaling from nitrous oxide cannisters attracted the attention of neurologists in Birmingham who have taken the matter to Parliament. Nicole is due to meet with The Rt Hon Priti Patel MP in early January 2023 to discuss the BBA’s stance. The TikTok videos are available at @nicoleburnsnurse.

Nicole Lee, Prevention Committee Chair

Overseas Committee

The BBA Overseas Committee is currently working in the following areas.

Training:
Establishing a database of overseas fellowships available to UK trainees, with useful information. Developing links to encourage overseas unit visits for nurses and allied health professionals from the burns MDT.

Overseas link units and Webinars:
Work in underway to link up with overseas units and organise webinars with an MDT focus.

This is a newly formed committee, and any ideas and suggestions are welcome.

Preetha Muthayya, Overseas Committee Chair
The relief of those suffering from burn injuries through Prevention, Education, Research, Standards” or just “British Burn Association”. The BBA encompasses a board of directors and a board of trustees and is a registered charity.

The Fundraising Committee has set up a Just Giving campaign in support of the BBA’s services. We have also set up a Just Giving account to support the receipt of donations for the relief of those suffering from burn injuries. Please click here to donate to the BBA.

We held a successful raffle during the conference in May raising £302. Thank you again to Regen, Eurosurgical and Polynovo for providing our prizes.

We are selling our Christmas Cards again this year, hopefully they will be sold out by the time this newsletter reaches you. But please let us know if you would like to help us distribute these at your services next year.

We have also set up a Just Giving account to support the receipt of donations for the relief of those suffering from burn injuries. Please click here to donate to the BBA.

Kayvan Shokrollahi, Communications Director

Vicky Dudman, Fundraising Committee Chair
**Burns Therapist Interest Group**

As the newly appointed Chair of the Burns Therapy Interest Group (BTIF), I would firstly like to thank my predecessor, Amanda Dufley for all her hard work. Amanda will shortly be leaving the world of burns to take up a role within NHS South West, and we all wish her the very best in this role. I would also like to wish Occupational Therapists Lorna Stanyer at Manchester Children’s Hospital and Lena Plaskitt at Sheffield Children’s Hospital all the very best in their retirements, after many years of dedicated service to burn rehabilitation.

This year has seen us return to more “normal” ways of working, and it was a pleasure to see therapy colleagues face to face for the first time in three years at the BBA Conference in Bristol. I was also delighted to see a number of poster and oral presentations by therapy colleagues at the conference and would like to congratulate the presenters on their excellent work.

As attendance at conference remains difficult for therapists due to lack of financial support and staffing pressures within the workplace making it difficult for them to be released, it was decided to hold our annual meeting virtually again this year. This was held in September and was a great success, with Dr Sarah Smailes, Vicky Dudman, Catrin Pugh, Louise Rodgers, Dave Booth and Becca Bambridge all sharing the work they had presented at the conference and inspiring the rest of the group to consider work they could consider submitting for presentation at next year’s event in Dublin. There were also interesting discussions around therapist certification of FIT Notes, implementation of the National Burns Rehabilitation Prescription, and how BTIG members can support this year’s National Burn Awareness Day. It is hoped that we can make arrangements for a face to face educational day in the spring.

We are currently in the process of updating our Burns Therapists Database. If you are a therapist working with burns injured adults or children and would like your/your service’s details included in the database or need to update your details from the previous document, please get in touch (janine.evans@wales.nhs.uk).

*Janine Evans, BTIG Chair*

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**Nurses Special Interest Group**

A study day entitled “End of life care in burns injury - when is the time and what is the role of the nurse” was held on 15th February 2022 at 16.00 - 18.00 online. Presentations included “End of life care for large burns”, “Frailty, modified baux” and “Exploration of end of life care”. The study day was recorded and will be available for members once the new educational platform becomes available.

A meeting to explore the need for nurses to be able to provide better foot and nail care will be held in 2023 and a study day on sustainability will be held in January 2023.

*Nicole Lee, Nurses SIG Chair*
Burn Club and Camps Special Interest Group

Ups and Downs 2022: 2022 has been a very mixed year for Burn Camps and Clubs. Members of the SIG group have not been able to meet as easily with working time changes or people moving roles. Members have met twice virtually and once in person at the BBA although numbers have been quite low on all occasions. The final meeting of the year was on November 18th on Teams. Please contact martin.palmer@nhs.net if you would like to join future meetings.

During the last year there have been some real positives with clubs being able to run face-to-face events again, bringing children and families together which is the core of the support they offer. However there have been numerous challenges faced by the clubs across the country to try and facilitate the activities, whilst in many areas, requests for support from children and families continues to rise again after the pandemic.

Clubs across the country run differently, some are independent charities others are overseen by hospital trusts, but all rely heavily on volunteer and/or staff time to be able to facilitate activities and fundraise.

With more pressures on hospitals and wards there has been less staff availability to support events and in general following the Covid pandemic many people’s commitments or financial needs changed, and some clubs have seen a dramatic fall in volunteers and volunteer hours to support events. This has meant that some activities have needed to be amended, postponed or certain events prioritised. The cost-of-living increase has also affected families not being able to afford to travel to some events and in a few being too embarrassed to ask for financial support to help them attend.

The cost of living and economic issues has also meant costs to run events and activities has in the main increased and for the majority, donations and fundraising revenue has gone down.

Despite these challenges, across the UK more than 10 residential camps were able to go ahead, lasting between 2 and 6 nights depending on the camp, and for between 10 and 40 children aged 8-17. Children attended these and took part in activities such as climbing, biking, caving, archery, high ropes and many more, as well as film night, arts and crafts, board games and very importantly swimming. All the activities helped challenge the children and improve self-esteem and confidence.

There were also more than 20 day events or weekend camps for families allowing children, siblings and parents/carers time to meet others with similar shared experience and benefitting from their support and experience as well as that of the staff/volunteers.

We hope 2023 is a better year for all involved with clubs and camps and would welcome anyone keen to join the SIG group or to volunteer some time to support their local clubs/camps.

Martin Palmer, Burn Clubs and Camps SIG Chair

Pre-Hospital Special Interest Group

The Pre-Hospital Burns Course for the First Responder is making slow progress. The course is based on the Consensus document from the BBA & FRCsed published in October 2020 with explanatory slides. I am grateful to Mr. Josh Brown’s offer for photographs to populate the slide deck. Josh is a Senior Firefighter and Forensic Examiner based in Ohio, USA. Recently, during a Zoom meeting with senior members of the London Fire Services there was an offer to review the slide deck and offer photographs. I am grateful to both these parties for their kind offer. I would welcome further contribution from the UK Ambulance Service and anyone working in the pre-hospital environment.

Last October I was invited to give a talk at the Paris Special Operation Forces Combat Medical Care Conference. The talk was entitled “Pre-hospital Burns – Adapted for Prolonged Field Care (PFC)” which gave an overview on how major burns in a PFC environment could be managed by a single SF medic and was covered in 10 clinical pearls ranging from cooling burns to palliation. We have received further invitations from the SF community in the USA and Germany to do the same subject for their teams.

Finally, I did a podcast on burns for BASICS Scotland on burn management and pre-hospital analgesia provision which can be accessed by the link www.basicsscotland.podbean.com.

Winston de Mello, Pre-Hospital SIG Chair

Wish you all an early Merry Christmas and a Happy Peaceful New Year 2023.
Psychosocial Special Interest Group

Overview

The BBA Psychosocial SIG continues to retain a healthy membership of psychological professionals working clinically or researching in burns, as well as a small number of other professionals with BBA membership with an interest in psychosocial issues related to burns.

The current Chair is Dr Laura Shepherd, Consultant Clinical Psychologist at Nottingham University Hospitals NHS Trust. The current Secretary is Dr Rachel Mumford, Clinical Psychologist at The Mid Yorkshire Hospitals NHS Trust.

The SIG has met twice over the past year, virtually. In addition, the SIG has held its first virtual clinical education/CPD day for psychological professionals working clinically in burns. This was received positively and it is planned for this to become an annual event in recognition of the limited CPD opportunities available for psychological professionals working in burn care, specifically related to our professional disciplines.

Focus of activity over the past year (Oct 2021 – Oct 2022)

The focus of the year has included:

- Sharing clinical practice and maintaining professional support
- Making recommendations related to the psychological support offered to BIRT members
- Finalising a document summarising the aims of the Psychosocial SIG and membership information, now approved by the BBA
- Transferring to jiscmail for all communication within the Psychosocial SIG
- Making recommendations related to the draft burns rehabilitation prescription
- Continuing to promote clinical and service development, and share and encourage research activity, including maintaining established links with the Centre for Appearance Research and supporting PhDs
- Promoting and supporting activities by burn care charities (Katie Piper Foundation and Dan’s Funds for Burns)
- Sharing resources and patient information (e.g. patient stories, videos, information leaflets) across services and supporting development of further burns specific patient information
- Starting annual clinical education/CPD days for psychological professionals working in burns

Call for new members

Anyone interested in joining the Psychosocial SIG would be welcome and should contact Dr Rachel Mumford (r.mumford@nhs.net).

Laura Shepherd, Outgoing Psychosocial SIG Chair
BBA Burns Day at 25th Annual Trauma Care Conference

The BBA delivered a full day programme of burn education at the Trauma Care Conference on 20th October 2022. The event was held at Yarnfield Park Conference Centre in Staffordshire, with a 5-day programme attended by a total 1120 delegates.

For the burns programme we had 12 speakers who kindly gave their time and shared their expertise on behalf of the BBA. The talks were informative and interactive, with the speakers taking turns to chair and encourage discussion. Three of the talks were delivered online, which worked well for speakers who could not travel to Staffordshire.

Feedback was excellent, with all attendees rating the burns teaching as “very interesting” and commenting specifically on the good range of topics and engaging speakers.

Thank you from the BBA to all speakers for their input and I hope that you also found the day useful and picked up some new ideas and tips from your peers.

Yvonne Wilson, Immediate past-Chair

Emergency Burns Management Study Day

Yvonne Wilson kindly organised an online Emergency Burns Management Study Day for the BBA on 10th March 2022.

The day comprised short talks and interactive discussions on the emergency management of burns, from mass casualty events to minor injuries and the BBA is grateful to Yvonne and to the speakers for their continued support of BBA burns education.

The day was free of charge for BBA members and attracted 221 delegates of which 56 were members, 141 were non-members and 24 were from LMICs.

Getting it Right First Time (GIRFT)

Many of you contributed to the GIRFT process concerning plastic surgery, burn care and hand surgery over recent years for which the GIRFT team are grateful. Virtual site visits finished earlier this year and the final report content was agreed with stakeholders.

The final report has been through the design process and is ready for publication but is currently being considered by teams within NHS England. In the past this step has delayed publication for a number of GIRFT reports but reassurance has been given that this has been resolved and should not materially delay the publication of current and future reports.

In between times some of the recommendations concerning the development of metrics to report on services into the future are being discussed within the GIRFT analytics team and have been taken forward particularly over the last 12 months with the National Consultant Information Programme (NCIP). A number of services have been approached to test the first round of metrics which cover plastic surgery, burn care and hand surgery, with a particular emphasis on skin cancer and breast surgery, with the hope that following some inevitable tuning these will be generally released in the early 2023.

Once the final GIRFT report has been published it is anticipated that the implementation of recommendations will be picked up by various national, regional and local organisations responsible for each item.

Implementation of the recommendations against the current NHS backdrop will undoubtedly be challenging as significant changes are called for. A number of the recommendations are already being taken forward by the national GIRFT team but for many of the recommendations, full implementation can only be taken forward following publication.

Ken Dunn, GIRFT
Treasurer’s Update

Membership Fees 2023:
I am pleased to confirm that there will be no increase to membership fees for 2023 and fees will remain as follows:

Doctors and Consultant Nurses/AHPs  £75pa
All other staff  £50pa
Students studying for primary degrees or full-time and retired members  £30pa

Income Tax Relief in Respect of Annual Membership Fees:
The British Burn Association has been approved by the Commissioners for HM Revenue and Customs under Section 344 of the Income Tax (Earnings and Pensions) Act 2003 with effect from 6th April 2014. The Association’s name will therefore appear in the list of approved bodies.

Group Membership:
The BBA is an association run by its members, for its members, and a strong membership is key to ensuring the Association’s long-term viability in terms of both its activities and finances into the future.

The BBA Trustees would like to encourage new members to join the Association and have introduced a Group Membership package offering **20% discount for 10 + new members and 10% discount for 5 – 9 new members**. Please encourage your colleagues to join the Association either individually or as part of a group. Further details are available from Nechama in the BBA office.

Fundraising:
We encourage you to support the Association by signing up to EasyFundraising and Smile Amazon for your shopping via the links: https://www.easyfundraising.org.uk/causes/britishburnassociation/?utm_campaign=raise-more&utm_source=social&utm_medium=facebook&utm_content=gs-f1 and https://smile.amazon.co.uk/ch/1187794-0 kindly organised by Vicky Dudman, our Secretary and Fundraising Committee Chair.

Christmas Cards:
The BBA Christmas cards have been released and are on sale to patients and staff in hospitals where members have kindly offered to manage the process. If you would like to volunteer to sell Christmas cards for the BBA next year, please contact Nechama in the BBA office.

Andrew Williams, BBA Treasurer
Obituaries

Bruce M Philp 1962-2022
MA(Cantab), BMBCh (Oxon), FRCS(I), FRCS (Plast)

Bruce was born at Queen Charles Hospital in London on 8th August 1962. His father was a doctor a general practitioner and his mother a teacher. He grew up in Brentford in West London and went to school at Bryanston where he met his future wife Lucy when they studied A-level biology together. They married in Las Vegas in 1992, in a drive through chapel with Elvis in attendance. They went on to have three children, Daisy, Polly and Dan. He read natural sciences then medicine at Downing College, Cambridge and continued his medical studies at Worcester College, Oxford. He trained in surgery in Oxford and London and then Plastic Surgery in the London Pan Thames training scheme including St Thomas’, St George’s and St Andrew’s.

He was appointed as a Consultant Plastic and Reconstructive Surgeon at St Andrews in 2003 and spent his consultant career working in the burn service until his retirement in 2018. He developed and led the laser service and was at the forefront of innovation in the use of lasers in the management of burn scar.

Bruce was never happier than looking after and helping patients with severe life-threatening and disfiguring burn injuries. He was not only involved in their acute care but when healed he helped in improving their scars, function and appearance and returned them to function in society to have valuable and productive lives. He was much loved by his patients who he would help with advice, encouragement and he often went the extra mile in efforts helping entry into university.

Bruce was always an enthusiastic trainer and educator and was much loved by the trainees. He took on the challenging role of being Director of the Pan Thames Plastic Surgery Training scheme. He was very successful in this role and his efforts were greatly appreciated by the trainees, and he helped many struggling trainees in difficulty go on to complete their training and become successful plastic surgeons.

Bruce had a very enquiring and academic mind. He co-authored many of the publications that were produced by the burn’s service and during his time at St Andrew’s there he also became co-director of the Mid Essex Hospitals Research and Development department enabling and encouraging high-quality research across the whole of the Trust. He served for 5 years on the executive committee of the British Burns Association.

Bruce was a world-class oarsman and was famous for winning a Blue for both Oxford and Cambridge by rowing for both universities in the boat race. He won the boat race with Oxford and became a question on the BBC TV programme a question of sport for this feat. In later years said he was an avid swimmer and cyclist and developed interest in endurance sports. He ran several marathons and became an Ironman triathlete.

He had an eclectic taste in music and had a vast collection of recordings by obscure artists. He had a great deal of personal style and had a very strongly develop dress sense. He was particularly known for his brightly coloured socks and red trousers.

Bruce was humble, honest, polite, respectful and loyal to all. To his colleagues he was conscientious, reliable and responsible. To his trainees he was fair, generous, optimistic and encouraging. To his patients he was thoughtful, kind, and compassionate.

Bruce was dogged with ill health in the final years of his life and succumbed suddenly with a suspected heart attack. He is survived by Lucy, his children and his grandson Finneas. His legacy continues in all the people he helped by treating them or training them to help others. He lives on in our hearts and in our memories.

Obituary kindly produced by Peter Dziewulski
David Ian Wilson 1962-2022

David was born in Birmingham and spent his childhood in the West Midlands and surrounding areas. Being the “brains” of the family, he won a scholarship to Warwick School, before going on to train at St George’s Medical school in London. He undertook his plastic surgery training in Derriford Hospital, Plymouth and then in the East Midlands, before being appointed as a consultant to the Nottingham Plastic Surgery and Burns Unit. In 2007 he moved to Birmingham to take up a consultant post in the newly opened Paediatric Burn Centre at Birmingham Children’s Hospital. He recently retired at the end of 2020.

In addition to his career as a plastic surgeon David enjoyed considerable success and made a significant contribution to the Royal Army Medical Services in his role as a doctor with Army Reserves. David took on the challenge of P Coy (selection for Airborne Forces) and successfully gained his parachute wings. He served in 144 Parachute Medical Squadron (V) as a medical officer and deployed with 23 Parachute Field Ambulance (RAMC) to Kenya and Bosnia. It came as no surprise to those that knew David that when there was a need for a surgeon to take the lead in the Field Surgical Team he volunteered. Later in his military career he was an instructor in various trauma and surgical skills courses passing on valuable skills to junior colleagues. David was a medical humanitarian at heart, and this was typified by his work in Kashmir when he volunteered to work as a doctor at the epicentre of the earthquake. David ended his military career as a Lieutenant Colonel.

David enjoyed teaching and was very involved, from the outset, in the EMSB course run by the British Burn Association. He instructed locally and throughout the country and sat on the EMSB senate.

David was known as a true gentleman, always kind and patient, willing to help and to listen to others’ woes. He had his own sense of style, with colourful bow ties and seasonal theatre headwear. He was famous for his generosity and never missed an opportunity to give a gift at birthdays, Easter and Christmas, often sharing his love of Shakespeare with tickets for RSC theatre productions. Each winter was a time to ski and every spring was celebrated with a trip to the RHS Chelsea Flower Show.

His caring, compassionate and diligent nature meant that he was highly regarded by colleagues, peers, patients and their families. David leaves behind his sister Sallie, brother Mike and sister in law Sue. Nieces Eleanor, Rachael, Kathryn, Rebecca, Nicola and nephew Robert. Ten great nephews and nieces and one great, great niece.

His loss will be felt by all who knew him.

Obituary kindly produced by Yvonne Wilson and Clare Thomas
Amber Elizabeth Russell Young
1963 – 2022

Amber Elizabeth Russel Young was born on 4 January 1963 in St Helens Hospital, Carshalton. The daughter of John, a doctor, and Patricia, who had been a nurse. Amber was the eldest of three children and from an early age, she showed an interest in the nature of her parents’ professions. Academically gifted, she excelled at Russell House Preparatory School in Sevenoaks before progressing to a scholarship at nearby Walthamstow Hall. She had a talent for languages, her initial choice for A Levels, but her father, noting her compassionate and enquiring nature, suggested a different path. He took her on a visit to St Thomas’s Hospital and she was fascinated by the tumult and excitement of the Accident and Emergency Department. The experience was an epiphany that prompted an application to study medicine. She started at Bristol Medical School in 1981, graduating in 1987. During her elective she chose to go to Australia and worked at The Royal Children’s Hospital in Melbourne. She was drawn to paediatric anaesthesia. Colleagues noted that she was extremely able, often being sought out to assist with difficult cases, or simply appearing when she sensed a colleague in need of support. Her meticulous attention to detail and unwillingness to compromise were characteristic of Amber; her exacting vision of care would sometimes ruffle feathers, but it won many admirers. She was recognised as a stellar clinician who thrived under pressure, be it resuscitating a sick child or retrieving casualties with The Royal Flying Doctor Service in Western Australia.

On her return to the UK, she was appointed as a consultant anaesthetist at Frenchay Hospital in Bristol. With burn care becoming more centralised, as the lead for paediatric anaesthesia, she was pivotal in the development of the Bristol service, feeding in to the first national standards and establishing a dedicated HDU and PACU. She enjoyed her educational role and many of her trainees from this time were inspired to pursue a career in paediatric anaesthesia having been enthused by her passion for it. She flourished in local service lead roles before assuming the post of Clinical Lead for the South West UK Children’s Burns Network. 2006 was marked by her first diagnosis of breast cancer, but Amber refused to be defined or constrained by the diagnosis. Her extraordinary resolve saw her timing chemotherapy around theatre lists and meetings – she reported that it gave her focus and moreover, that she could not countenance gaps in the timetable! With little fanfare and minimal absence, there was delight in her remission and rapid return.

With renewed vigour, her expertise was more nationally recognised. She stepped up to the BBA Executive, leading its Prevention Group from 2010 to 2014. Not satisfied with juggling exhaustive clinical and managerial responsibilities, it was at this juncture that Amber started to expand her interest in research. Her inquisitive nature had always led her to challenge dogma and, as Clinical Lead for The Healing Foundation Children’s Burns Research Centre from 2012, latterly under the auspices of The Scar Free Foundation, she thrived. Starting with small, charitable grants, she oversaw studies that assessed practical questions, from wound dressings to determining the outcomes which mattered most to patients.

In 2014, with the reconfiguration of hospital services in Bristol, she gravitated to Bristol Royal Hospital for Children where her clinical commitments focused on neurosurgery and burns. A vocal advocate for burns as a specialty, it was a natural step for her to be elected as Chair of the BBA the same year, overlapping with her stewardship of the NHS England Burns Clinical Reference Group. This was a particularly active period for her research as she forged links with Universities in Bristol, Bath and Cardiff, national charities, leading burn services across the UK and importantly, patient groups. National grants from the NIHR and MRC attested to the importance of this work. Her co-ordinating role was exemplified by her tenure as Chair of the BBA Research Specialist Interest Group, commencing in 2015. The following year brought the devastating news that her cancer had returned and was incurable. She had just commenced reading for a PhD degree, but in typical fashion, organised her studies around a debilitating routine of chemotherapy and radiotherapy. Her thesis was wide in scope and profound in impact – surveying 700 clinicians in 77 countries – and distilled to a set of seven core outcomes, to guide the assessment of treatment and recovery, for the burn injured patient. She explored the topic eloquently in the AB Wallace Memorial Lecture at the BBA annual meeting in 2018 and was awarded Honorary Membership of the Association. In 2022, shortly before she passed away, she was awarded the position of Professor of Paediatric Burn Care at the University of Bristol in recognition of her achievements in the field.

Amber excelled due to a keen mind, clear focus and exceptional determination. She had a strong commitment to patient care and expected others to maintain her high standards, leading by example. She could not have achieved so highly without the bedrock of her devoted husband, Norman, who provided immense support, particularly during her final illness. Departed too soon, she will be profoundly missed by hospital colleagues and the wider burn community.

Obituary kindly produced by Jon Pleat
Research into Methods of Preventing Burn Injuries in the Home Grant: Development and Evaluation of an Occupational Therapy Led Burn Prevention Programme for Community-Dwelling Older Adults

Every year in the UK, around 1000 adults aged 65 years and over are admitted to a specialist burns service. With one in four people in the UK projected to be aged 65 years or over by 2039, both the number of older adults treated for a burn injury and the costs associated with this are likely to rise if adequate prevention measures aren’t implemented. Given that burn injuries in older adults most commonly occur at home during activities of daily living (ADL) such as cooking or bathing, Occupational Therapists (OTs) are an ideal profession to provide prevention interventions. Resources had previously been developed to facilitate the education of OTs who work with older adults on an individual basis in health and social care settings, with the aim of encouraging them to include burn injury intervention in their practice. However, it was recognised that many older adults were not accessing health or social care prior to sustaining their burn injury. The Research into Methods of Preventing Burn Injuries in the Home Grant was therefore sought, to support the development and evaluation of OT led burns prevention educational sessions with older adults in community group settings. With the onset of the covid-19 pandemic, the original proposal was amended to include online groups, as groups were no longer meeting face to face due to lockdown and social distancing requirements.

Objectives of project:

- To develop, in collaboration with Cardiff University, an educational programme for use in community/online groups, highlighting the risks of sustaining burn injuries within the home environment and encouraging risk-reducing behaviour change in older adults, based on epidemiology within this population.
- To scope existing older adult community groups and identify those offering online groups in South Wales.
- To evaluate the sessions with pre and post questionnaires, to identify whether they result in an increase in burn injury prevention knowledge.
- To provide preliminary evidence to support and inform a larger scale research project.

Three sessions were delivered via various online platforms and evaluated with pre and post-presentation questionnaires administered via an electronic link. In total, 50 participants attended the sessions. 25 participants completed the pre-presentation questionnaire and 14 participants completed the post-presentation questionnaire.

The mean percentage of correct scores pre-presentation was 59.6% (SD=27.35), which increased to 83.7% (SD=16.21) post-presentation. In addition, 100% of participants either agreed or strongly agreed that the presentation met their expectations, that it increased their understanding and provided helpful and useful ideas.

Qualitative feedback included:

“Good advice given on prevention and best actions to take in an emergency”

“The reinforcement of the message “Cool, call, cover” that wasn’t in my consciousness”

“The encouragement to re-evaluate and adapt your own living space and habits as you age”

These results demonstrate that attendance at an educational session delivered by OTs improved burn prevention awareness and first aid knowledge amongst community-dwelling older adult participants and motivated them to incorporate burn preventing behaviours into their daily routine. A larger scale research project would be beneficial in demonstrating the impact of these sessions on hospital admissions. Further work is also required to identify a more effective way of evaluating sessions that are held online to ensure that all participant feedback is captured.

Janine Evans, Advanced Practitioner Occupational Therapist, Welsh Centre for Burns & Plastic Surgery, Swansea
The Scar Free Foundation (SFF)

Organisational Update

Over the past few months, our research has made good progress across the board. All projects and programmes which were affected by the COVID-19 pandemic are now moving forward positively. We have recently launched our refreshed research strategy and produced an impact report which charts our major achievements over the past 23 years. We have also started a podcast which we hope will communicate the aims of the Foundation and the impact of scarring to a wider audience.

- Research strategy

We refreshed our strategy because we want to ensure that our research is succinctly and simply communicated. We have encapsulated our research aims into three questions:

- What is a scar? This question is centred on the development of our understanding of the ‘science of scarring’ i.e., the biological processes which underpin the healing process and lead to scarring.
- How do you prevent a scarring? This question is centred on research into the best treatments to ensure wounds heal with minimal or no scarring.
- How do you live with scarring? This question is centred on research into long-term patient care and increasing the understanding of how clinicians can best support patients living with lifelong scarring.

The refreshed research strategy is available to view on our website.

We are actively fundraising to support future research calls which will address these questions.

- Impact report

It is important for all medical research charities to be able to track their impact across the years to illustrate their achievements to potential donors, and also, to assess whether the research they fund is making a difference. We have produced an impact report in document and film form which features some of our notable projects and programmes.

The Impact Report document and film are available to read and view here.

- The Scar Free Foundation Podcast

Over the course of Autumn 2022, we are releasing a series of podcasts. The aim of The Scar Free Foundation Podcast is to raise awareness of our research and also the impact of scarring. The podcast features interviews with researchers, volunteers, staff and Scar Free Foundation Ambassadors - people with a lived experience of scarring.

The first two episodes are available to download on our website and also on Apple Podcasts, Spotify, Google Podcasts and SoundCloud.

The Form Function and Feeling Programme

We are about to embark upon the development of a major new research endeavour which will seek to address the research strategy question, how do we live with scars?

The programme will comprise 3-5 project grants up to the value of £2m in total which will address the following themes:

- Theme 1: Form, the impact of scarring on the way people look
- Theme 2: Function, the impact of scarring on the way people use their bodies
- Theme 3: Feeling, the psychological impact of scarring
- ‘Co-production’ development and delivery

A team of Scar Free Foundation Ambassadors will be central to the development and delivery of this funding scheme. We will also be inviting input from our Principal Member Organisations.

Professor Sir Bruce Keogh, Chairman of the Scar Free Foundation Board will shortly be writing to the BBA to invite them to participate in the development of research priorities for the programme.

Professor Amber Young

Last month we learnt of the sad death of Professor Amber Young. Amber had been involved in Scar Free Foundation-funded research for many years. She was the clinical lead at The Scar Free Foundation Centre for Children’s Burns Research, Bristol, and the Principal Investigator of two of the projects of our UK Burns Research Network. We are now working with Amber’s colleagues on the dissemination of these projects. You can read The Scar Free Foundation Chief Executive, Brendan Eley’s, personal reflection on Professor Young here.

Charlotte Coates, Head of Research Funds, Scar Free Foundation
COBRA Film Project

The BBA is supporting a documentary film project entitled “Cobra” about Tiago Amorim (aka COBRA), a boy who was burnt in Brazil (84% TBSA), looking at his life’s trials and achievements in pushing the boundaries of human limitation in the extreme sports world.

The project is led by William Amorim Masheter, Tiago Amorim’s nephew and the aim of the film is to inspire people with Tiago’s story which represents many of the challenges faced by burn patients as well as to raise awareness of the importance of burn prevention. A percentage of the film profits will go towards the BBA and the burn charities supporting the project.

Trustee, Nicole Lee and the Chelsea & Westminster Hospital Team, attended the Cobra Film Project screening and fundraising event at the Ritzy Cinema on 8th October on behalf of the BBA. The event was held to raise support from companies in putting the film together. Nicole gave a presentation to the guests and was interviewed by Radio Mais Brazil.

https://www.cobrafilmproject.com/

WOULD YOU LIKE TO CONTRIBUTE TO THE NEWSLETTER?

If you have a ‘hot topic’ to address or developments in your centre which you would like to share with colleagues via the BBA Newsletter, please email Nechama Lewis at the BBA Office: info@britishburnassociation.org

The Board of Trustees and Staff of the BBA wish Members a very happy festive season and all the best for the new year.
The Burns Game:
Educational Board Game to Improve Core Burn Care Knowledge

The Burns Game was developed by Focus Games Ltd. in partnership with the British Burn Association and Birmingham City University. The purpose of the game is to bring key information about acute burns management in an engaging and interactive format. The game matches the core burn care competencies and knowledge requirements, which can be used for initial staff induction and follow up team training updates. The content covers the initial approach to management of burns of various aetiologies, severe and minor burn injuries, as well as the requirements for referral and transfer to a specialist burn service. The Burns Game is reflective of the advances in burns first aid, burn shock, inhalation injury and burn fluid resuscitation in line with EMSB and ATLS principles, and is attentive to the key elements of burn assessment and wound management.

The Burns Game delivers awareness, knowledge and practical burn care skills through face-to-face, reflective discussions, stimulated by questions and scenarios presented in the game. These conversations allow participants to explore and discuss new ways of working amongst their peers and to share their knowledge and experience to learn from each other.

‘The Burns Game is an exciting and innovative way of broadening the knowledge base of anyone working with burn-injured patients. Everyone, from fire service personnel and first-aiders through to specialist hospital staff will find it challenging. The BBA is proud to have helped develop the game and hope players everywhere find it both educational and entertaining.’ Peter Drew, Chairman of British Burn Association.

The game is simple to play and manage. It is a competitive, discussion based game for between 4-12 players and games usually last between 45 and 60 minutes. It can be played with or without a facilitator. It can be used for informal workplace learning, or as part of more structured training programmes, everything you need is in the box! The game allows the players to be selective about the learnt content and be adapted to suit the training needs of the burns team.

‘As a Burns and Plastic Surgeon, I am all too familiar with the misery that burn injuries cause families throughout the country every year. Birmingham City University has used its expertise in medical education to develop this game together with the British Burn Association and Focus Games Ltd in order to improve the initial management of burn injury, which can greatly improve the final cosmetic and functional result for the individual patient.’ Professor SLA Jeffery, Consultant Burns and Plastic Surgeon, The Birmingham Burns Centre.

More information: www.burnsgame.com  == Twitter: @BurnsGame
== Price: £60 (exc. VAT, P&P).

http://journals.sagepub.com/doi/pdf/10.1177/2059513117690012
Family Burns Club

Family Burns Club was established to help children, their families and young adults deal with the challenges they face after suffering a burn injury. It was developed in response to the needs of burn-injured children who lacked appropriate psychological support. The ethos of the charity is to provide support and rehabilitation in a fun way resulting in improved care and experience.

What we do:
We host Burns Camps on an annual basis at residential centres across the country. The camps provide children with opportunities they may not otherwise have and allow them to mix with peers who have been through similar experiences.

We run three camps a year – they are:

- A family camp for children aged up to 7-years-old and their families. This camp also supports the parents of young children who have suffered a burn injury who can be equally affected by the experience.
- A camp for children between the ages of 7 and 13 aimed at encouraging these children to find their independence through confidence building activities with the support of staff and volunteers.
- A camp for children aged between 13 and 16 years aimed at building the confidence of children in this older age group through a range of adventure activities.

In addition to the annual camps, we run day trips for young people who fall into two older age groups (16-18 and 18-25) so they have the opportunity to meet old and new friends and discuss any worries, concerns and new challenges they may be facing.

We also hold a regular support group for the parents of burn-injured children at West Yorkshire, North Yorkshire and Humberside fire stations. The stations are also the venue of our annual Christmas party which is open to all.

We are always looking for new volunteers to help us run the Family Burns Club. We need help in particular with fundraising or applying for grants as the charity receives no NHS funding and is financed purely by donations and charitable grants.

How can you find out more about us?
Visit our website: www.burns-club.org.uk
Resurge Africa is a UK based charity focused on development of sustainable reconstructive surgery and Burn care in low resource settings, where burn injuries are so prevalent as a result of widespread use of kerosine cooking and fire lighting.

Established in Scotland in 1992 by surgeon Jack Mustarde, with directors from the UK, Ghana, Sierra Leone, Canada and Ireland, the charity continues to support service development and training across West Africa from Ghana to Sierra Leone.

From humble beginnings and starting the first reconstructive surgery and Burn unit in Ghana, Resurge has supported the development and training of highly skilled surgeons, nurses, anaesthetists and therapists and dieticians. The facility at Korle Bu now serves as an international training hub for specialists from all over West Africa, with regular burn care courses for nurses and doctors, testament to the ongoing achievement of the local directors. Opoku Ampomah, a former Resurge scholar, is now CEO of the major national teaching hospital in Korle Bu, Accra. Through robust partnership, Resurge now supports the development of reconstructive surgery and burns services in Sierra Leone, including the training of the country’s first two reconstructive burn surgeons as well as nurses and therapists. They were instrumental in providing care to patients following a major burn disaster in 2021.

We would like to thank all BBA members who have actively contributed and participated in co-hosting the BBA, BFIRST, Resurge Africa Webinar Series, across the multidisciplinary aspect of burn care, including topics such as nursing the ill burn patient, paediatric burn care, burn in pregnancy, pharmacology in burn care, frailty, surgical decision making, major incidents and metabolism and nutrition.

Our motto is ‘Hope Through Training’ and Resurge lists as our greatest achievement our international community of surgeons, nurses, physios, anaesthetists dedicated to training in reconstructive surgery and burns. These include the West African alumni who have been supported through their specialist training in the UK, India, Ghana and South Africa, as well as the faculty of international clinicians who support, teach, mentor and operate in West Africa on our behalf. We hope to strengthen our international partnerships and look forward to engaging with any member of the BBA who may wish to get involved, either through fundraising, volunteering, or helping to mentor others. We are in a process of developing our next priorities towards sustainable Burn care.

Please look us up - we would love to hear from you.

Elizabeth Dell, Manager, Resurge Africa
Odhran Shelley, Chair, Resurge Africa
info@resurgeafrica.org